

Education to Excel  
**SBRR MAHAJANA FIRST GRADE COLLEGE (Autonomous)**  
Jayalakshmpuram, Mysuru – 570 012 Karnataka, INDIA  
Affiliated to University of Mysore  
Re-accredited by NAAC with ‘A’ Grade, College with Potential for Excellence



**DEPARTMENT OF PSYCHOLOGY**

*(Psychology to Enrich Behaviour)*

**BOARD OF STUDIES**

**2019-2021**

UG  PG  PG

**(Composition of the BOS Members for the Academic Session 2019-2021)**

**Syllabi of I and II Semester**

**Choice Based Credit System – 2019**

**B.A - Psychology**





Morgan, King, Weisz & Schopler (1993). *Introduction to Psychology Sixth Edition*. Tata McGraw Hill. New Delhi.

Weiten W., (2004). *Themes and Variations- Fourth Edition*. Cole and Thomson. USA

Stephen M. Kosslyn & Robin Rosenberg (2008). *Psychology in Context Third Edition*. Pearson Education. New Delhi.

### **PRACTICALS:**

1. Observation and Accuracy of report
2. Color blindness
3. Division/fluctuation of Attention
4. Muller Lyer Illusion
5. Meaning on retention
6. Retroactive inhibition.
7. Chunking.
8. Depth perception
9. Biofeedback
10. Span of attention

### **Note for each semester:**

**Experiments:** - Any five experiments to be chosen.

**Statistics:** - Frequency distribution, Class Intervals Measures of central tendency - Ungrouped and grouped data.

**SEMESTER II**  
**BASIC PSYCHOLOGICAL PROCESSES II**

**UNIT I**

**LEARNING**

**12 Hrs.**

- a) Definition, Thorndike's laws of learning.
- b) Classical conditioning: Principles - Extinction, Spontaneous recovery, Generalization, Discrimination, Higher order conditioning.
- c) Operant conditioning: Reinforcements- Schedules of reinforcement, Punishment (Positive and Negative), Processes - Shaping, Chaining.
- c) Cognitive learning - Latent learning –Tolman, Observational learning- Bandura, Insight Learning - Kohler.

**UNIT II**

**MOTIVATION AND EMOTION**

**12Hrs.**

**1. MOTIVATION: Definition**

a) Biological Motives: Hunger -Biological factors (dual centre theory and role of hormones) and social factors-(learned preferences and habits, food related cues) Sex- Hormones and sexual behavior; Impact of stress on hunger and sex.

b) Social Motives- Achievement, affiliation and power.

c) Maslow's Theory of Motivation.

**2. EMOTION:**

a) Definition and Components of emotion - cognitive, physiological and behavioral.

b) Theories of emotion - James-Lange, Cannon-Bard, Schacter's two factor theory, Lazarus' theory, Evolutionary theory.

c) Emotional intelligence – Daniel Goleman's theory.

**UNIT III****INTELLIGENCE****12 Hrs.**

- a) Definition, Determinants of Intelligence - Nature Vs Nurture.
- b) Introduction to theories – Spearman, Thurston, Guilford, Sternberg, Gardner
- c) Concept of IQ and its Measurement: Types of tests – verbal, non-verbal, performance, individual and group tests, speed, power and culture fair tests.
- d) Extremes of intelligence: Intellectual disabilities and Giftedness.

**UNIT IV****PERSONALITY****12 Hrs**

- a) Definition
- b) Approaches:
  - a. Psychodynamic
  - b. Type and Trait (Jung, Cattell, NEO-5)
  - c. Social cognitive (Bandura)
  - d. Humanistic (Carl Rogers)
- c) Assessing personality – Self report inventories (questionnaire and rating scales), projective Techniques (Rorschach, TAT and CAT) and behavioral assessment (checklists and observations).

**UNIT V****THINKING AND REASONING****12 Hrs**

- a) Thinking: Definition, basic elements of thought - Concepts, Categories and Prototypes;  
Schemas and Scripts, Imagery and Cognitive Maps.
- b) Reasoning: Types of reasoning – Deductive and Inductive, Logical fallacies.
- c) Problem solving: Steps in problem solving (preparation, production, judgment, and evaluation), Algorithms and Heuristics, Impediments to problem solving.
- d) Creativity: Innovative problem solving, fostering creativity(techniques)

## **PRACTICALS**

1. Paired associate learning
2. Bilateral transfer/ Maze learning.
3. Achievement Motivation scale.
4. Emotion and free association.
5. Emotional intelligence
6. Eysenck's personality inventory.
7. Raven's progressive matrices
8. Creativity test.
9. Bhatia's battery of intelligence.
10. Picture frustration test.
11. Stroop test (Computer Assisted Test)

**STATISTICS:** - Measures of Variability- (Grouped and ungrouped data) -Range, The Quartile deviation and Standard deviation, Standard error.

### **Books for Reference:**

Feldman, A. R.(2011). *Understanding Psychology Tenth Edition*. McGraw Hill. New Delhi.

Baron, A. R.( 2002) *Psychology fifth edition*. Pearson Education, New Delhi.

Morgan, King, Weisz & Schopler (1993). *Introduction to Psychology Sixth Edition*. Tata McGraw Hill. New Delhi.

Weiten W., (2004). *Themes and Variations- Fourth Edition*. Cole and Thomson. USA

Stephen M. Kosslyn & Robin Rosenberg (2008). *Psychology in Context Third Edition*. Pearson Education. New Delhi.

### **Scheme of Valuation for Practical Examination: 2019-2021**

C1 and C2 are internal tests to be conducted during 8th and 16th weeks of the semester respectively. C3 Examination is conducted during the end of the semester for a duration of 3 hours. The student are assessed and evaluated on various skills associated with Psychology Practical – Administration, Procedure, Instructions, Analysis and Interpretation of results of the Subjects performance in the Experiment conducted.

The students has to compulsorily submit the Practical Record during C1 and C2. For C3, the record has to be certified by the Head of the Department.

- The student is evaluated for 10 marks in the C1 and C2 as per the following scheme:  
Experiment: 10.  
The marks scored by the students is then normalized to 5.
- The student is evaluated for 40 marks during C3 Examination as per the following scheme:

Heading	Marks
Experiment	25
Viva	05
Record	10
Total	40

The experiment portion of evaluation is carried out as per the following scheme:

Heading	Marks
Part 1 Description of the Experiment from the options provided	10



Conducting the Experiment	05
Analysis of Results & Interpretation	10
Total	25

Education to Excel  
**SBRR MAHAJANA FIRST GRADE COLLEGE (Autonomous)**  
 Jayalakshmpuram, Mysuru – 570 012 Karnataka, INDIA  
 Affiliated to University of Mysore  
 Re-accredited by NAAC with 'A' Grade, College with Potential for Excellence

### **Department of Psychology**

#### **Proceedings of the First BoS Meeting held on 6/2/2019**

#### **Academic Session: 2019-2021**

- 1.) The BoS meeting for the subject Psychology was held on 6<sup>th</sup> Feb 2019 (Wednesday) in the Dept. of Psychology SBRR Mahajana First Grade College, premises the meeting commenced at 11:30 a.m and continued through the day till evening 4:30 p.m.
  
- 2.) The Board of Studies meeting started with a formal Welcome addressed by the Chairman and HoD of the Department.
  
- 3.) The BoS comprised of 8 members collectively (the approved list of BoS members along with their names and other details is provided in the beginning of the this report for the reference of the Academic Council & Governing Council). During the meeting the members were briefed about the revised guidelines for the “Autonomous Colleges” as prescribed by the “UGC”.
  
- 4.) Further, the board members were also given an overview of the instructions and suggestions proposed by the members of the Academic Council and Governing Council as well, the emphasis was laid on aspects such as Syllabus Up gradation, Scheme of Examination, Pattern of the Question Paper etc.

5.) Each of the board members were provided with the copies of revised CBCS pattern of Syllabus in Psychology (for the first two Semesters i.e I & II sem) along with the details on Credits and Hours – per paper, Scheme of Examination, Pattern of Q.P all as prescribed by the University of Mysore.

6.) They were also provided with the proposed list of changes in the Syllabus, to be incorporated in the final version of the Syllabus copy. After thorough introspection of contents and discussion about the proposed Syllabus.

7.) The Board members reviewed the Syllabus (CBCS pattern as prescribed by the UoM). Further, through rigorous discussion, critical evaluation of the present Syllabi – the members realized the need for improving the syllabus to align with the latest Research and Academic developments happening in the field of Psychology or Behavioral Sciences. However, the Syllabus was subjected to only 20% of alteration to changes as per the instructions of the Academic Council.

8.) The members also reviewed the ratio of Credits to Hours per paper and classes, the Scheme of Examination (C1, C2 or C3 for the theory and practical Examination), they approved and asserted that the existing pattern will be continued.

9.) Further, the suggested changes in the Syllabus were incorporated immediately along with the Scheme of Examination and work-load, Credits & Hours (Theory & Practical). After the approval of BoS members the final copy of the reviewed Syllabus in Psychology (for the I & II Semesters for the Session 2019-2021) was up graded, printed and was acknowledged by the BoS members with their Signatures and Authenticated Seals. Simultaneously the approval towards the Board of Examination (BoE) members was also sort from the BoS members for the session 2019-2021.

10.) Thus, the First BoS meeting was successfully accomplished for the session 2019-2021 with a formal vote of thanks.

\*\*\*\*\*

Principal

Chairman & HoD