

Skill Enhancement Courses (SEC)

Course Code: 21NCC94	Course Title: NCC
Course Credits (L:T:P): 01 (0:0:1)	Teaching Hours/Week: 02 Hours
Total Contact Hours: 28 Hours	Formative Assessment Marks: 10
Exam Duration: 1 Hour (Practical)	Semester End Examination Marks: 15

Course Objective:

To develop Character, Comradeship, Discipline, Leadership, Secular Outlook, Spirit of Adventure and the Ideals of selfless Service among the youth of the Country.

Course Outcomes:

CO1: Acquire the concept of NCC

CO2: Improvised Outlook and Turnout

CO3: Work for the Social Well Being

Unit 1: Introduction to NCC, Aims and Objectives, Organisation structure, Ranks, NCC song, Incentives, Code of ethics and Conduct.

Unit 2: Drill-improve bearing and smartness, Turnout, Obedience to Orders, Types of Drill.

Unit 3: National integration, Health and Hygiene, Personality development and leadership, Social awareness and Community development, Environment awareness and Conservation.

Course Articulation Matrix – 21NCC94

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1	2	-	-	-	1	2	2	2	2	2	-	2
CO2	2	1	1	-	-	1	1	2	3	2	1	2
CO3	2	1	1	1	1	2	2	2	3	2	1	2
Wtd. Avg.	2	1	1	1	1	1.6	1.6	2	2.6	2	1	2

Course Code: 21SP094	Course Title: Physical Education and Sports
Course Credits (L:T:P): 01 (0:0:1)	Teaching Hours/Week: 02 Hours
Total Contact Hours: 28 Hours	Formative Assessment Marks: 10
Exam Duration: 1 Hour (Practical)	Semester End Examination Marks: 15

Course Outcome (CO): Plan, organize and execute sports events.

Content of Theory & Practical Course	Hours
Unit 1: Physical Education & Sports <ul style="list-style-type: none"> • Conditioning exercises • Aerobics & Calisthenics • One Major Game and One Indigenous Game (Basic Skills) • One Track/Field Event • Intramural Competitions 	28

Course Articulation Matrix – 21SP094

CO/ PO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12
CO 1	1	1	1	1	2	1	1	2	1	2	1	2
Wt. Avg	1	1	1	1	2	1	1	2	1	2	1	2

Course Code: 21NSS94	Course Title: National Service Scheme (NSS)
Course Credits (L:T:P): 01 (0:0:1)	Teaching Hours/Week: 02 Hours
Total Contact Hours: 28 Hours	Formative Assessment: 10 Marks
Exam Duration: 1 Hour (Practical)	Semester End Examination: 15 Marks

Course Outcomes:

- CO1:** Acquire the fundamentals concept of NSS
- CO2:** Understand the Volunteerism & Organization structure of NSS
- CO3:** Appreciate the culture of Campus Activities, Shramadha and Awareness Program and its Benefits through working as a team or group.
- CO4:** Develop overall personality of volunteers, Off Campus Activities and make them as leaders and responsible Citizens of our nation.

Course Contents	Hours: 28
Unit – I: Fundamentals of NSS	
Introduction to NSS, Origin of NSS, Aims and Objectives of NSS, NSS Motto, NSS Emblem, NSS Badge, NSS Day, NSS Songs.	07
Unit - II : Volunteerism & Organization structure of NSS	
Volunteerism and NSS: Volunteerism – Meaning, definition, basic qualities of volunteers, need of volunteerism for National development. Organization structure of NSS- National level, State level, University and Institutional Level.	07
Unit -III: Campus Activities	
Shramadha – Plantation, Cleaning, Watering, Weeding, Any other activities. Awareness Programmes – Seminar, Workshops, Celebration of National and International days, Personality Development Programmes, Group Activities, etc.,	07
Unit -IV: Off Campus Activities	
Rally, Jatha, Visit to Adopted villages, Swachatha Programme, Visit and Conserving Ancient monuments and heritage site, Socio Economic Survey of village/slum, Nature Camp, Environmental Education, JOB Card (APL, BPL, Social security schemes), Women Empowerment Programme, Health Camps, Blood grouping awareness and Blood donation, Legal awareness Programme, Literacy Programme, Water Conservation Programme, One Day Special Camp in a village (preferably in adopted village).	07

References:

- a) Prof.B.K.Shivanna,“NationalServiceScheme”PrintingPressKSOU,Mysore2011
- b) MadhuAhuja, Students Leaders in the National Service Scheme (NSSS) in Delhi : A case study 1986 (New Delhi : Dept. of Management and Extension, Lady Irwin College, University of Delhi, 1986)
- c) Chattarjee, B., Social service opportunities for students in Slum Areas (reprint: Delhi : Delhi School of Social Work, University of Delhi 1973)
- d) Desai Bharat. H, A Social Psychological Study of the effectiveness of the National Service Scheme in developing some aspects of the Student Personality – (Ph.D Thesis submitted to university of Pune 1982)
- e) Dixit. P Sanjeeva, National Service Scheme in Andhra Pradesh, (Andhra University Press Publications, 1994)
- f) Dilshad. M.B National Service Scheme in Karnataka, (Ph. D Thesis submitted to Karnataka University Dharwad, 1997)
- g) Balan K., (1985), Youth Power in the Modern World, Ajanta Publications, New Delhi
- h) Jones Gill, (2009), Youth, Polity Press, UK
- i) Kehily Jane Mary (Etd.) (2007), Understanding Youth: Perspectives, Identities and Practices, Sage Publication, London
- j) Landis H. Paul, (2011), Adolescence and Youth: The Process of Maturing, Sarup Book Publishers Pvt. Ltd., New Delhi

Course Articulation Matrix- 21NSS94

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1	2	2	2	-	1	3	3	2	3	2	1	3
CO2	1	2	1	1	-	3	3	3	3	2	1	2
CO3	2	2	2	1	-	3	3	3	3	2	1	3
CO4	2	3	1	1	1	3	3	3	3	3	2	3
Weighted Average	1.75	2.25	1.5	1	1	3	3	2.75	3	2.25	1.25	2.75

CourseCode: 21RNR94	CourseTitle: Rangers and Rovers
CourseCredits: 01 (0:0:1)	HoursofTeaching/Week: 2Hour(Practical)
TotalContactHours: 28Hours	FormativeAssessmentMarks: 10
ExamDuration: 1Hour(Practical)	SemesterEnd Examination Marks: 15

Course Objective:

1. To practice national integration.
2. To develop personality through community services.
3. To work with and among people.
4. To gain leadership skills.
5. To enable students to have ethical sense.

Course Outcomes:

CO1: Assimilate the knowledge and inculcate the Leadership, good manners and ideals of disciplined responsible young citizens.

Content of the Course		Hours
Unit - I	Introduction and Knowledge - Roving and Ranging, Prayer & Flag Song, Flags, Promise and Law, Discipline and Uniform, First Aid, Knots, Make a scarf using the material available at your home.	8
Unit - II	Skills : Team building and leadership skills- Campfire/ Local Handicraft/ College level cleanliness drive/ rope work/ cooking/ first aid/ signaling/ skill oriented Games- In-door and Outdoor Games ,etc	10
Unit - III	Group activities: Community service- sustainable development/ Borewell recharge/ Food save warriors/ Organize science exhibition/ Road Safety awareness/ Rain Water Harvesting/ Local Festival service/ Prepare Seed Balls/ Teaching Game etc.	10

ReferenceBooks

1. ScoutingforBoys
2. RovingtoSuccess
3. GirlGuidinginIndia
4. RangerHandbook
5. RangerLeaderHandbook
6. RoverScouting
7. Allfaithprayer
8. PioneeringHandBook
9. B.P.SixExercise
10. CampFireBook
11. CampingandHiking
12. DrillandMarchpast
13. KnotsandPioneering
14. APRO – II
15. APRO –III
16. <http://sdgs.scout.org>

Note: Referencebooksandmaterialsavailableat<http://shop.bsgkarnatka.org>

Address:The Bharat Scouts and Guides, KarnatakaStateHeadquarters
#39, Shantini Gruha, Palace RoadBangalore -560001

Course Articulation Matrix – 21RNR94

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1	2	1	1	1	1	2	3	3	2	2	1	2
Wtd. Avg.	2	1	1	1	1	2	3	3	2	2	1	2